FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person *= BANY SARAH	2. Issuer Name and Ticker or Trading Symbol COLUMBIA SPORTSWEAR CO [COLM]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner				
(Eirst) C/O COLUMBIA SPORTSWEAR COMPANY, 14375 NW SCIENCE PA	3. Date of Earliest Transaction (Month/Day/Year) 05/21/2009						Officer (give title below) Off	ner (specify belo	w)		
(Street) PORTLAND, OR 97229	4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person _Form filed by More than One Reporting Person					
(City) (State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year		3. Transaction Code (Instr. 8)		(A) or Disposed of (D)			Owned Following Reported Transaction(s)	Ownership Form:	Beneficial	
		(Month/Day/Year)	Code	V	Amount	(A) or (D)	Price	(Instr. 3 and 4)	Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)	
Common Stock	05/21/2009		M		410	A	\$ 0	846,279	D		
Common Stock	05/21/2009		M		716	A	\$ 0	846,995	D		
Common Stock								424,331	I	by DSRA, LLC	
Common Stock								349,244	I	Grat's (1)	
Reminder: Report on a separate line for each	class of securities	beneficially owned di	P	erso	ns who			ne collection of information contained to recognize the form	ned SEC	1474 (9-02)	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

displays a currently valid OMB control number.

	2. Conversion or Exercise Price of Derivative Security		3A. Deemed Execution Date, if any (Month/Day/Year)	Code		5. Num of Deriva Securit Acquir (A) or Dispos (D) (Instr. 1 and 5)	tive ries red	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)			Derivative Securities Beneficially Owned Following	Derivative Security: Direct (D) or Indirect	Beneficial
				Code	V	(A)		Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Restricted Stock Units	\$ 0	05/21/2009		М			410	05/21/2009(2)	<u>(3)</u>	Common Stock	410	\$ 0	820	D	
Restricted Stock Units	\$ 0	05/21/2009		M			716 (4)	05/21/2009 ⁽⁵⁾	(3)	Common Stock	716	\$ 0	0	D	
Director Stock Option (Right to Buy)	\$ 30.46	05/21/2009		A		5,804		05/21/2010 ⁽⁶⁾	05/20/2019	Common Stock	5,804	\$ 0	5,804	D	
Restricted Stock Units	\$ 0	05/21/2009		A		1,749		05/21/2010 ⁽²⁾	<u>(3)</u>	Common Stock	1,749	\$ 0	1,749	D	
Director Stock Option (Right to Buy)	\$ 30.46	05/21/2009		A		4,169 (7)		05/21/2010 ⁽⁸⁾	05/20/2019	Common Stock	4,169	\$ 0	4,169	D	
Restricted Stock Units	\$ 0	05/21/2009		A		1,006 (4)		05/21/2010(5)	<u>(3)</u>	Common Stock	1,006	\$ 0	1,006	D	

Reporting Owners

	Relationships

Reporting Owner Name / Address	Director	10% Owner	Officer	Other
BANY SARAH C/O COLUMBIA SPORTSWEAR COMPANY 14375 NW SCIENCE PARK DRIVE PORTLAND, OR 97229	X			

Signatures

Peter J. Bragdon, Attorney-in-Fact	05/22/2009
Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares held in grantor retained annuity trusts for which Ms. Bany is trustee and income beneficiary.
- (2) Restricted stock units vest in three equal annual installments beginning on the Date Exercisable indicated. One share of Common Stock will be automatically delivered to the reporting person for each restricted stock unit that vests.
- (3) N/A
- (4) Restricted stock units received in lieu of cash director's fee.
- (5) Restricted stock units vest 100% on the first anniversary of the grant date. Vested shares will be delivered to the reporting person on the anniversary of the grant date.
- (6) Options become exercisable for one-third of the shares on the first three anniversaries of the grant date.
- (7) Option grant received in lieu of cash director's fee.
- (8) Options vest 100% on the first anniversary of the grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.