FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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MB Number:	3235-0287				
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * STANTON JOHN W			2. Issuer Name and Ticker or Trading Symbol COLUMBIA SPORTSWEAR CO [COLM]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner						
(Last) (First) (Middle) C/O COLUMBIA SPORTSWEAR COMPANY, 14375 NW SCIENCE PARK DRIVE				3. Date of Earliest Transaction (Month/Day/Year) 05/17/2010								e title below)		er (specify belo	ow)	
(Street) PORTLAND, OR 97229			4	4. If Amendment, Date Original Filed(Month/Day/Year)							_X_ F	6. Individual or Joint/Group Filing(Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person				ine)
(City) (State) (Zip)			(Zip)			Table	I - Non	-Derivativ	e Secui	ities .	Acquired,	ired, Disposed of, or Beneficially Owned				
(Instr. 3) Date		2. Transaction Date (Month/Day/Year)			if Coo	ransacti le str. 8)	ction 4. Securities Acqu		sed of	uired of (D) Owned For Transaction		at of Securities Beneficially bllowing Reported on(s)		6. Ownership Form:	Beneficial	
				(Month/D	ay/ Y e		Code	V Amo) or D)	Price	(Instr. 3 and 4)			Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
Common S	Stock		05/17/2010				M	264	A		\$ 0 282,	,683			D	
Reminder: R	Report on a se	eparate line for eac	n class of securities	beneficial	ly own	ed dire	P	ersons v					of inform	ation nd unless t		1474 (9-02)
Reminder: R	Report on a so	eparate line for eac	Table II - F	Derivative	Secur	ities A	P co fo	ersons vontained orm disp	in this ays a d	form curre Benef	n are not	required OMB co		nd unless t		1474 (9-02)
	2. Conversion	3. Transaction	Table II - I	Derivative e.g., puts, 4. f Transact Code	Secur calls, v	ities A varran Numb	Pccftccquired tts, opticer 6. Date Expire (Monster St. 1)	ersons vontained orm disp	in this ays a of of, or leading the state and	form curre Benef ecurit	n are not	required OMB co	to respondent of number of section 1.	nd unless t	of 10. Owners Form of Derivati Security Direct (or Indire	11. Natur of Indirec Beneficia Ownersh : (Instr. 4)
1. Title of Derivative Security	2. Conversion or Exercise Price of Derivative	3. Transaction	Table II - L (a 3A. Deemed Execution Date, if	Derivative e.g., puts, 4. f Transact Code	Secur calls, v	Numb erivative curitie cquired or isposed (D) nstr. 3,	Per control of the co	ersons vontained orm display, Disposed ons, conve	in this ays a of of, or leading the state and	form curre Benef ecurit	n are not rently valid icially Owners 7. Title and Amount of Underlying Securities	required OMB co	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction	of 10. Owners Form of Derivati Security Direct (or Indirects)	11. Natur of Indirec Beneficia Ownersh : (Instr. 4)

Reporting Owners

Reporting Owner Name / Address	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
STANTON JOHN W C/O COLUMBIA SPORTSWEAR COMPANY 14375 NW SCIENCE PARK DRIVE PORTLAND, OR 97229	X					

Signatures

Peter J. Bragdon, Attorney-in-Fact	05/18/2010
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Restricted stock units vest in three equal annual installments beginning on the Date Exercisable indicated. One share of Common Stock will be automatically delivered to the reporting person for each restricted stock unit that vests.

(2) N/A

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.